



Medical direction

University professor Dr. Martin Halle



University professor Dr. Martin Halle (04/06/1962) is the Medical Director of the Centre for Preventive and Sports Medicine. He specialises in internal medicine, cardiology and sports medicine and preventive cardiovascular medicine DGPR®. Every year, he examines more than 10,000 patients, with statutory and private health insurance, in his **three outpatient clinics** and advises them individually on exercise, diet and stress management.

His scientific interest lies in prevention of and recovery from cardiovascular diseases and cancer, with lifestyle changes, especially physical exercise. Internationally, Professor Halle is one of the **leading scientists in his field of research**. He is an expert in the field of "sports cardiology".

Professor Halle is the **Chair of the Department for Prevention, Rehabilitation and Sports Medicine** at Klinikum Rechts der Isar university medical clinic / Technical University of Munich, as well as at the Department of Sport and Health Sciences at the Technical University of Munich.

Special expertise

- **Cardiovascular disease prevention and rehabilitation using lifestyle changes, especially physical exercise:**
 - Board Member of the European Association of Preventive Cardiology of the European Society of Cardiology
 - Former president of the Deutsche Gesellschaft für Prävention und Rehabilitation von Herz-Kreislaufkrankungen e.V. [German society for prevention and rehabilitation of cardiovascular diseases] (DGPR),
 - Co-founder of the sports cardiology working group of the German Cardiac Society
 - Long-standing board member of the Deutsche Gesellschaft für Fettstoffwechselstörungen und ihre Folgeerkrankungen DGFF e.V. [German society for metabolic disorders and secondary conditions]

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- Coordinator of the world's largest studies on physical training with cardiac insufficiency
- Co-author of European and American cardiological and sports medicine guidelines that set internationally applicable standards for diagnosis and treatment

Pioneer in sports therapy in cancer (especially breast and bowel cancer) – training programmes for actively supporting the healing process

- Initiator and coordinator of large, national studies
- Initiation of three international sports and cancer symposia so far

Curriculum Vitae

2013-2016 Vice-dean of the Department of Sport and Health Sciences, Technical University of Munich

since 2011 Head of the Medical Prevention Centre at Klinikum Rechts der Isar

since 2003 Professor and Medical Director of the Chair for Prevention, Rehabilitation and Sports Medicine at the University Medical Clinic, Klinikum Rechts der Isar, Technical University of Munich

2001-2003 Consultant at the University Medical Center, Göttingen, cardiology and pulmonology departments

1999-2001 Specialist cardiology training at the University Medical Center, Göttingen, cardiology and pulmonology departments

1990-1999 University Medical Clinic, Freiburg (gastroenterology, cardiology, oncology, pulmonology and emergency medicine), department for rehabilitative and preventive sports medicine, Awarded doctorate (1992), specialist in internal medicine and sports medicine Habilitation (1999)

1989-1990 University Clinic, Freiburg, radiology department

1982-1989 Studied human medicine at the universities of Kiel and Freiburg with semesters abroad in London and Gainesville/USA

Appointments

2018-2020 President-elect of the European Association of Preventive Cardiology (EAPC)

2016-2018 Chair of the Research Committee of the European Association of Preventive Cardiology (EAPC)

2012-2014 Chair of the Nucleus of "Exercise, Basic and Translation Science", European Association of Cardiovascular Prevention and Rehabilitation, European Society of Cardiology (ESC)

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Zentrum für Prävention
und Sportmedizin

- 2012-2014** Chair of the 'sports cardiology' working group of the German Cardiac Society (DGK)
- 2011-2018** Member and chair (2016-2018) of the Scientific Board of the European College of Sports Science (ECSS)
- Since 2011** Member of the 'prevention' working group of the German Cardiac Society (DGK)
- 2007-2010** President of the Deutsche Gesellschaft für Prävention und Rehabilitation von Herz-Kreislaufkrankungen e. V. (DGPR)
- 2005-2011** Board member of the Deutsche Gesellschaft zur Bekämpfung von Fettstoffwechselstörungen und ihren Folgeerkrankungen (DGFF e. V.)